

Common ICD-10 Codes Related to Nutrition Services

Diabetes

E10.____ Type 1 diabetes mellitus
E10.1 Type 1 diabetes mellitus with ketoacidosis
E10.2 Type 1 diabetes mellitus with kidney complications
E10.3 Type 1 diabetes mellitus with ophthalmic complications
E10.4 Type 1 diabetes mellitus with neurological complications
E10.5 Type 1 diabetes mellitus with circulatory complications
E10.6 Type 1 diabetes mellitus with other specified complications
E10.64 Type 1 diabetes with hypoglycemia
E10.65 Type 1 diabetes with hyperglycemia
E10.8 Type 1 diabetes mellitus with unspecified complications
E10.9 Type 1 diabetes mellitus without complications

E11.____ Type 2 diabetes mellitus
E11.0 Type 2 diabetes mellitus with hyperosmolarity
E11.2 Type 2 diabetes mellitus with kidney complications
E11.3 Type 2 diabetes mellitus with ophthalmic complications
E11.4 Type 2 diabetes mellitus with neurological complications
E11.5 Type 2 diabetes mellitus with circulatory complications
E11.6 Type 2 diabetes mellitus with other specified complications
E11.64 Type 2 diabetes with hypoglycemia
E11.65 Type 2 diabetes with hyperglycemia
E11.8 Type 2 diabetes mellitus with unspecified complications
E11.9 Type 2 diabetes mellitus without complications
Z79.4 Long term (current) use of insulin

Diseases of the Digestive System

K21.0 Gastroesophageal reflux disease with esophagitis
K21.9 Gastroesophageal reflux disease without esophagitis
K50.0 Crohn's disease of the small intestine
K50.1 Crohn's disease of the large intestine
K50.8 Crohn's disease of both small and large intestine
K50.9 Crohn's disease, unspecified
K51 Ulcerative colitis
K57.1 diverticulosis of small intestine without perforation or abscess
K57.3 Diverticulosis of large intestine without perforation or abscess
K58 irritable bowel syndrome

Symptoms, Signs, & Abnormal Clinical & Laboratory Findings

R73.01 Impaired fasting glucose
R73.02 Impaired glucose tolerance test (oral)
R73.03 Pre-diabetes

Endocrine, Nutritional & Metabolic Diseases

E88.81 Metabolic syndrome
E03.9 Hypothyroidism, unspecified
E05.90 Polycystic ovarian syndrome

Diseases of the Circulatory System

I10 Essential Primary Hypertension
I11.9 Hypertensive heart disease without (congestive heart failure)

Weight Management

E66.0 Obese due to excess calories
E66.01 Morbid (severe) obesity due to excess calories
E66.2 Extreme obesity with alveolar hypoventilation (Pickwickian Syndrome)
E66.3 Overweight
E66.8 Other obesity
E66.9 Obesity, unspecified – obesity NOS
R63.4 Abnormal weight loss
R63.5 Abnormal weight gain-not during pregnancy
R63.6 Underweight

Diseases of the Blood

D50.0 Other iron deficiency anemias (due to inadequate iron intake)
D50.9 Iron deficiency anemia, unspecified
D51.3 Other dietary vitamin B12 deficiency anemia (vegan anemia)
D52.0 Dietary folate anemia
D53.0 Protein deficiency anemia
D53.9 Nutrition anemia unspecified (simple chronic anemia)
D64.9 Anemia, unspecified